

DEVELOPMENTAL CHECKLIST - 24 TO 36 MONTHS

CHILD'S NAME: _____

DATE OF BIRTH: _____

PARENT OR GUARDIAN: _____

MILESTONES

DATE
OBSERVED

GROSS MOTOR

- ✓ Climbs well (24-30 mos.)
- ✓ Walks down stairs alone, placing both feet on each step (26-28 mos.)
- ✓ Walks up stairs alternating feet with support (24-30 mos.)
- ✓ Swings leg to kick ball (24-30 mos.)
- ✓ Runs easily (24-26 mos.)
- ✓ Pedals tricycle (30-36 mos.)
- ✓ Bends over easily without falling (24-30 mos.)

FINE MOTOR

- ✓ Makes vertical, horizontal, circular strokes with pencil or crayon (30-36 mos.)
- ✓ Turns book pages one at a time (24-30 mos.)
- ✓ Builds a tower of more than 6 blocks (24-30 mos.)
- ✓ Holds a pencil in writing position (30-36 mos.)
- ✓ Screws and unscrews jar lids, nuts, and bolts (24-30 mos.)
- ✓ Turns rotating handles (door knob) (24-30 mos.)

LANGUAGE

- ✓ Uses pronouns (I, you, me, we, they) (24-30 mos.)
- ✓ Understands most sentences (24-40 mos.)
- ✓ Recognizes and identifies almost all common objects and pictures (26-32 mos.)
- ✓ Shows frustration when not understood by others (28-36 mos.)
- ✓ Understands physical relationships (on, in, under) (30-36 mos.)
- ✓ Can say name, age, and sex (30-36 mos.)
- ✓ Uses words to communicate wants and needs (30-36 mos.)
- ✓ Knows simple rhymes and songs (30-36 mos.)
- ✓ Strangers can understand most of words (30-36 mos.)

DATE

COGNITIVE

OBSERVED

- ✓ Makes mechanical toys work (30-36 mos.)
- ✓ Matches an object in hand or room to a picture in a book (24-30 mos.)
- ✓ Plays make-believe with dolls, animals, and people (24-36 mos.)
- ✓ Sorts objects by color (30-36 mos.)
- ✓ Completes puzzles with 3 or 4 pieces (24-36 mos.)
- ✓ Understands concept of "two" (26-32 mos.)
- ✓ Listens to stories (24-36 mos.)
- ✓ Knows several body parts (24-36 mos.)

SELF-HELP

- ✓ Can pull pants down with help (24-36 mos.)
- ✓ Helps put things away (24-36 mos.)
- ✓ Serves self at table with some spilling (30-36 mos.)

SOCIAL/EMOTIONAL

- ✓ Uses the word "mine" often (24-36 mos.)
- ✓ Says "no" but will still do what is asked (24-36 mos.)
- ✓ Expresses a wide range of emotions (24-36 mos.)
- ✓ Objects to major changes in routine, but is becoming more compliant (24-36 mos.)
- ✓ Begins to follow simple rules (30-36 mos.)
- ✓ Begins to separate more easily from parents (by 36 mo.)

DEVELOPMENTAL RED FLAGS (24 TO 36 MONTHS)

- Frequent falling and difficulty with stairs
- Persistent drooling or very unclear speech
- Inability to build a tower of more than 4 blocks
- Difficulty manipulating small objects
- Inability to copy a circle by 3 years old
- Inability to communicate in short phrases
- No involvement in pretend play
- Cannot feed self with spoon or drink from cup independently
- Failure to understand simple instructions
- Little interest in other children
- Extreme difficulty separating from primary caregiver

COMMENTS:
