

## **DEVELOPMENTAL CHECKLIST - 8 TO 12 MONTHS**

CHILD'S NAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

PARENT OR GUARDIAN: \_\_\_\_\_

MILESTONES \_\_\_\_\_ DATE  
OBSERVED

### **GROSS MOTOR**

- ✓ Crawls forward on belly (8-9 mos.) \_\_\_\_\_
- ✓ Assumes hand and knee position (8-9 mos.) \_\_\_\_\_
- ✓ Gets to sitting position without assistance (8-10 mos.) \_\_\_\_\_
- ✓ Pulls self up to standing position at furniture (8-10 mos.) \_\_\_\_\_
- ✓ Creeps on hands and knees (9 mos.) \_\_\_\_\_
- ✓ Gets from sitting to crawling or prone (lying on stomach) position (9-10 mos.) \_\_\_\_\_
- ✓ Walks holding on to furniture (10-13 mos.) \_\_\_\_\_
- ✓ Stands momentarily without support (11-13 mos.) \_\_\_\_\_
- ✓ May walk two or three steps without support (11-13 mos.) \_\_\_\_\_

### **FINE MOTOR**

- ✓ Uses pincer grasp (grasp using thumb and index finger) (7-10 mos.) \_\_\_\_\_
- ✓ Bangs two one-inch cubes together (8-12 mos.) \_\_\_\_\_
- ✓ Pokes with index finger (9-12 mos.) \_\_\_\_\_
- ✓ Puts objects into container (10-12 mos.) \_\_\_\_\_
- ✓ Takes objects out of container (10-12 mos.) \_\_\_\_\_
- ✓ Tries to imitate scribbling (10-12 mos.) \_\_\_\_\_

### **COGNITIVE**

- ✓ Looks at correct picture when image is named (8-9 mos.) \_\_\_\_\_
- ✓ Explores objects in many different ways (shaking, banging, throwing, dropping) (8-10 mos.) \_\_\_\_\_
- ✓ Enjoys looking at pictures in books (9-12 mos.) \_\_\_\_\_
- ✓ Imitates gestures (9-12 mos.) \_\_\_\_\_
- ✓ Engages in simple games of Peek-a-Boo, Pat-a-Cake, or rolling ball to another (9-12 mos.) \_\_\_\_\_
- ✓ Finds hidden objects easily (10-12 mos.) \_\_\_\_\_

### **LANGUAGE**

- ✓ Babbles "dada" and "mama" (7-8 mos.) \_\_\_\_\_
- ✓ Babbles with inflection (7-9 mos.) \_\_\_\_\_
- ✓ Says "dada" and "mama" for specific person (8-10mos.) \_\_\_\_\_
- ✓ Responds to "no" by briefly stopping activity and noticing adult (9-12 mos.) \_\_\_\_\_
- ✓ Responds to simple verbal requests, such as "Give me" (9-14 mos.) \_\_\_\_\_
- ✓ Makes simple gestures such as shaking head for "no" (12 mos.) \_\_\_\_\_
- ✓ Uses exclamations such as "oh-oh" (12 mos.) \_\_\_\_\_

# SELF-HELP

DATE  
OBSERVED

- ✓ Finger-feeds himself (8-12 mos.)
  - ✓ Extends arm or leg to help when being dressed (9-12 mos.)
  - ✓ May hold spoon when feeding (9-12 mos.)

## SOCIAL/EMOTIONAL

- ✓ Shy or anxious with strangers (8-12 mos.) \_\_\_\_\_
- ✓ Cries when mother or father leaves (8-12 mos.) \_\_\_\_\_
- ✓ Enjoys imitating people in his play (10-12 mos.) \_\_\_\_\_
- ✓ Shows specific preferences for certain people and toys (8-12 mos.) \_\_\_\_\_
- ✓ Prefers mother and/or regular care provider over all others (8-12 mos.) \_\_\_\_\_
- ✓ Repeats sounds or gestures for attention (10-12 mos.) \_\_\_\_\_
- ✓ May test parents at bed time (9-12 mos.) \_\_\_\_\_

## DEVELOPMENTAL RED FLAGS (8 TO 12 MONTHS)

- Does not crawl
  - Drags one side of body while crawling (for over one month)
  - Cannot stand when supported
  - Does not search for objects that are hidden (10-12 mos.)
  - Says no single words ("mama" or "dada")
  - Does not learn to use gestures such as waving or shaking head
  - Does not sit steadily by 10 months
  - Does not react to new environments and people
  - Does not seek out caregiver when stressed
  - Does not show interest in "peek-a-boo" or "patty cake" by 8 mos.
  - Does not babble by 8 mos. ("dada," "baba," "mama")

## **COMMENTS:**