

## DEVELOPMENTAL CHECKLIST - 8 TO 12 MONTHS

CHILD'S NAME: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

PARENT OR GUARDIAN: \_\_\_\_\_

### MILESTONES

DATE  
OBSERVED

#### GROSS MOTOR

- ✓ Crawls forward on belly (8-9 mos.)
- ✓ Assumes hand and knee position (8-9 mos.)
- ✓ Gets to sitting position without assistance (8-10 mos.)
- ✓ Pulls self up to standing position at furniture (8-10 mos.)
- ✓ Creeps on hands and knees (9 mos.)
- ✓ Gets from sitting to crawling or prone (lying on stomach) position (9-10 mos.)
- ✓ Walks holding on to furniture (10-13 mos.)
- ✓ Stands momentarily without support (11-13 mos.)
- ✓ May walk two or three steps without support (11-13 mos.)

#### FINE MOTOR

- ✓ Uses pincer grasp (grasp using thumb and index finger) (7-10 mos.)
- ✓ Bangs two one-inch cubes together (8-12 mos.)
- ✓ Pokes with index finger (9-12 mos.)
- ✓ Puts objects into container (10-12 mos.)
- ✓ Takes objects out of container (10-12 mos.)
- ✓ Tries to imitate scribbling (10-12 mos.)

#### COGNITIVE

- ✓ Looks at correct picture when image is named (8-9 mos.)
- ✓ Explores objects in many different ways (shaking, banging, throwing, dropping) (8-10 mos.)
- ✓ Enjoys looking at pictures in books (9-12 mos.)
- ✓ Imitates gestures (9-12 mos.)
- ✓ Engages in simple games of Peek-a-Boo, Pat-a-Cake, or rolling ball to another (9-12 mos.)
- ✓ Finds hidden objects easily (10-12 mos.)

#### LANGUAGE

- ✓ Babbles "dada" and "mama" (7-8 mos.)
- ✓ Babbles with inflection (7-9 mos.)
- ✓ Says "dada" and "mama" for specific person (8-10 mos.)
- ✓ Responds to "no" by briefly stopping activity and noticing adult (9-12 mos.)
- ✓ Responds to simple verbal requests, such as "Give me" (9-14 mos.)
- ✓ Makes simple gestures such as shaking head for "no" (12 mos.)
- ✓ Uses exclamations such as "oh-oh" (12 mos.)

**SELF-HELP**

DATE  
OBSERVED

- ✓ Finger-feeds himself (8-12 mos.)
- ✓ Extends arm or leg to help when being dressed (9-12 mos.)
- ✓ May hold spoon when feeding (9-12 mos.)

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**SOCIAL/EMOTIONAL**

- ✓ Shy or anxious with strangers (8-12 mos.)
- ✓ Cries when mother or father leaves (8-12 mos.)
- ✓ Enjoys imitating people in his play (10-12 mos.)
- ✓ Shows specific preferences for certain people and toys (8-12 mos.)
- ✓ Prefers mother and/or regular care provider over all others (8-12 mos.)
- ✓ Repeats sounds or gestures for attention (10-12 mos.)
- ✓ May test parents at bed time (9-12 mos.)

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**DEVELOPMENTAL RED FLAGS (8 TO 12 MONTHS)**

- Does not crawl
- Drags one side of body while crawling (for over one month)
- Cannot stand when supported
- Does not search for objects that are hidden (10-12 mos.)
- Says no single words ("mama" or "dada")
- Does not learn to use gestures such as waving or shaking head
- Does not sit steadily by 10 months
- Does not react to new environments and people
- Does not seek out caregiver when stressed
- Does not show interest in "peek-a-boo" or "patty cake" by 8 mos.
- Does not babble by 8 mos. ("dada," "baba," "mama")

**COMMENTS:**

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