

DEVELOPMENTAL CHECKLIST - 4 TO 7 MONTHS

CHILD'S NAME: _____

DATE OF BIRTH: _____

PARENT OR GUARDIAN: _____

MILESTONES

DATE
OBSERVED

MOTOR

- ✓ Pushes up on extended arms (5 mos.)
- ✓ Pulls to sitting with no head lag (5 mos.)
- ✓ Sits with support of his hands (5-6 mos.)
- ✓ Sits unsupported for short periods (6-8 mos.)
- ✓ Supports whole weight on legs (6-7 mos.)
- ✓ Grasps feet (6 mos.)
- ✓ Transfers objects from hand to hand (6-7 mos.)
- ✓ Uses raking grasp (not pincer) (6 mos.)
- ✓ Routinely rolls from stomach to back and back to stomach (6 mos.)

COGNITIVE

- ✓ Plays peek-a-boo (4-7 mos.)
- ✓ Looks for a family member or pet when named (4-7 mos.)
- ✓ Explores with hands and mouth (4-7 mos.)
- ✓ Tracks moving objects with ease (4-7 mos.)
- ✓ Finds partially hidden objects (6-7 mos.)
- ✓ Grasps objects dangling in front of him (5-6 mos.)
- ✓ Looks for fallen toys (5-7 mos.)

LANGUAGE

- ✓ Laughs and squeals out loud (4-7 mos.)
- ✓ Distinguishes emotions by tone of voice (4-7 mos.)
- ✓ Responds to sound by making sounds (4-6 mos.)
- ✓ Responds to spoken "bye-bye" by waving (4-7 mos.)
- ✓ Uses voice to express joy and displeasure (4-6 mos.)
- ✓ Localizes or turns toward sounds (5-6 mos.)
- ✓ Syllable repetition begins (5-7 mos.)

SOCIAL EMOTIONAL

- ✓ Enjoys social play (4-7 mos.)
- ✓ Interested in mirror images (5-7 mos.)
- ✓ Can calm down with ½ hour when upset (6 mos.)
- ✓ Responds to other people's expression of emotion (4-7 mos.)

DEVELOPMENTAL RED FLAGS (4 TO 7 MONTHS)

- Seems very stiff, tight muscles
- Seems very floppy, like a rag doll
- Head still flops back when body is pulled to sitting position (by 5months still exhibits head lag)
- Shows no affection for the person who cares for them
- Doesn't seem to enjoy being around people
- One or both eyes consistently turn in or out
- Persistent tearing, eye drainage, or sensitivity to light
- Does not respond to sounds around them
- Has difficulty getting objects to mouth
- Does not turn head to locate sounds by 4 months
- Doesn't roll over (stomach to back) by 6 months
- Cannot sit with help by 6 months (not by themselves)
- Does not laugh or make squealing sounds by 5 months
- Does not actively reach for objects by 6 months
- Does not follow objects with both eyes
- Does not bear some weight on legs by 5 months
- Has difficulty calming self, cries for long periods of time

COMMENTS:
